Friday, March 22, 2024 Today is day 1

"I believe a champion wins in his mind first, then plays the game, not the other way around." - ALEX RODRIGUEZ

Menu: Mac and cheese, green beans, fresh veggies, peaches, apple, garlic knots, and bread. Middle Street Express: Chef salad, cottage cheese, fresh veggies, apple, peaches, garlic knots and milk.

7th Grade Voice Lessons today are for: Group 7 at 1:10pm, and Group 8 at 1:40pm.